

These are some of the programs in Minnesota that provide services or activities for and with people with disabilities. If you know additional activities, please contact VSA Minnesota, the state organization on arts and disability.

612-332-3888 or 800-801-3883, [info@vsamn.org](mailto:info@vsamn.org), [emerginggrant@vsamn.org](mailto:emerginggrant@vsamn.org), [access@vsamn.org](mailto:access@vsamn.org)  
528 Hennepin Ave. #305, Minneapolis 55403 – <http://www.vsamn.org>

**(\*\* indicates Recipient of ADA Accessibility Grant from VSA Minnesota)**

**Ally People Solutions** – [www.AllyPeopleSolutions.org](http://www.AllyPeopleSolutions.org) - St. Paul  
Serve 300 adults with disabilities in 4 branch locations in St. Paul and the East Metro.  
1246 University Ave W, #239, St. Paul 55104; 651-288-8914

**American Assn. of Woodturners** – <http://www.woodturner.org> - St. Paul  
\*\* grant for lathe usable by blind artists; art gallery and classes.  
Landmark Center #222, 75 W. 5th St., St. Paul 55102; 651-484-9094

**Anodyne Artists Co.** – <http://www.anodyneart.org/> - St. Paul  
Day center for artists with disabilities who work on visual and/or performing arts. Gallery shows.  
1410 Energy Park Dr #11, St. Paul 55108; 651-642-1684, [anodynearts@gmail.com](mailto:anodynearts@gmail.com)

**Arrowhead Area Artists with Disabilities (AAAWD)** – Duluth  
Duluth area networking group of artists with disabilities.  
Email [aaawdmail@gmail.com](mailto:aaawdmail@gmail.com) or Facebook:  
<https://www.facebook.com/pages/Arrowhead-Alliance-Of-Artists-With-Disabilities-AAAWD/254482042445?v=wall> or <http://vsamn.org/artists-disabilities/>

**ArtAbility (People Inc.)** – <http://www.peopleincorporated.org/Artability> - St. Paul  
Classes, exhibits and annual fall art sales for people with mental illness.  
2060 Centre Pointe Blvd. #3, St. Paul 55120; 651-774-0011, [artability@peopleincorporated.org](mailto:artability@peopleincorporated.org)

**Artists With Disabilities Alliance (AWDA, or Open Flow)** – Minneapolis  
Art-sharing, networking and support the first Thursday of each month from 7:00 to 9:00 PM by writers, performers, visual artists, photographers, etc. (Sept. – June)  
612-332-3888, [jon@vsamn.org](mailto:jon@vsamn.org), <http://vsamn.org/artists-disabilities/>  
Walker Community Church, 3104 16<sup>th</sup> Ave. S., Minneapolis.

**The Artists' Well** – <https://springboardforthearts.org/incubator-program/the-artists-well/>  
Provides support for people who are committed to making art while facing ongoing health challenges.

**Art Together** – St. Croix River Valley  
Offers [group art experiences](#) for people of all ages. Both [public programs](#) and private programs tailored to a group's needs.  
651-433-5498, <http://arttogether.artselfmn.com/>  
ArtSelf Studio <http://rentriverhouse.artselfmn.com/>  
The River House is one hour northeast of the Twin Cities near Marine on St Croix and Scandia. Lisa Schlingerman also teaches Tai Chi and Qigong, Expressive Art Therapy.

**Arts of Passage** – Minneapolis  
Arts-based private therapy practice of [Harry LeBlanc](#), who integrates [all the arts](#) -- [music](#), [drama](#), [poetry](#), [dance](#), [sculpture](#), [mask-making](#), [puppets](#), [sandplay](#) and [more](#) -- into the therapeutic

process. He specializes in [Expressive Arts Therapy](#) and [Drama Therapy](#) and integrates ritual and the arts with psychotherapy in a creative improvisational approach.

612-360-0833, [harry@artsofpassage.com](mailto:harry@artsofpassage.com)

2601 2nd Ave. S., Suite 3B, Minneapolis 55408

Part of the [Fallout Arts Collective](#), the old Jimmy Jingle building, on corner of 26th & 2nd, near the Black Forest Restaurant.

**ArtSage** – <http://www.artsagemn.org/> - **not currently active**

Twin Cities

Age-oriented arts activities, formerly MN Creative Arts & Aging Network.

Interim director: Brad Ballander [brad@artsagemn.org](mailto:brad@artsagemn.org) or [ballinger.brad@gmail.com](mailto:ballinger.brad@gmail.com), 651-690-9740, 952-473-0228, [info@artsagemn.org](mailto:info@artsagemn.org)

**Artworks with East Suburban Resources** – [www.ESRworks.org](http://www.ESRworks.org) -

Stillwater

1754 Washington Avenue, Stillwater 55082; 651-351-0190

**Bridgeview Art Program** – [www.leecarlsoncenter.org](http://www.leecarlsoncenter.org) -

Fridley

\*\* drop-in center for Anoka county residents/artists with mental illness.

763-783-7440; 952-300-1125,

1121 80th Ave. NE, Spring Lake Park, MN 55432

Lee Carlson Center for Mental Health & Well-Being:

7954 University Ave NE, Fridley, MN 55432

**Children's Theatres** – The Twin Cities and Minnesota have a number of child or youth-oriented theatre and dance programs, either as a separate organization or as a program of a larger theatre or arts center. Among them are:

Anoka Middle School for the Arts, Anoka, <http://www.amsatheater.org/>

Ashland Productions, Maplewood, <http://www.ashlandproductions.org>

Blue Water Theatre Co., Wayzata, <http://www.bluewatertheatre.com>

Children's Theatre Co., Minneapolis, <http://www.childrenstheatre.org>

Circus Juventas, <http://www.circusjuventas.org>

In The Company of Kids Creative Arts Ctr, Burnsville, <https://www.facebook.com/companyofkids>

Minnesota SkyVault Theatre Co., Rochester area, <http://www.wordsplayers.org/tickets>

Play Inc. Community Theatre, Cambridge area, <http://playinonline.org/blog/>

The Play's the Thing Productions, Lakeville, <http://www.childrenstheatretptt.com/>

Stages Theatre, Hopkins, <http://www.stagestheatre.org>

SteppingStone Theatre for Youth Development, St. Paul, <http://www.steppingstonetheatre.org>

Young Artists Initiative, St. Paul, <http://www.youngartistsmn.org/>

Youth Performance Co., Minneapolis, [www.youthperformanceco.org](http://www.youthperformanceco.org)

**CLIMB Theatre** – [www.climb.org](http://www.climb.org) -

Inver Grove Heights

Occasionally creates/tours disability-related shows for schools.

**CCP Foundation** –

Stillwater area

Their Two Steps Forward initiative focuses on the greater Stillwater area, dedicated towards making the community easier to use for people living with developmental disabilities. Several nonprofits were created to provide social and employment opportunities, several existing organizations adapted their missions to be more inclusive and focused, and existing barriers in the community were changed and/or eliminated. Sustainability was a focus, hoping long-term and lasting change will continue to be maintained.

Kathy Shroyer, Board Manager, 651-644-3140 ext. 234, [kshroyer@starsvcs.com](mailto:kshroyer@starsvcs.com)

1295 Bandana Blvd North, #135, Saint Paul 55108

**ConnectWC / TYZE Community Connectors** – [www.ConnectWC.org](http://www.ConnectWC.org) - Stillwater area  
Stepping Up Moving Forward has applied for formal 501 (c) 3 status with the IRS and will be continuing the work of the CCP Foundation: developing community connections through relationships, network meetings and hosted events; developing online relationships and support through the ConnectWC.org website; developing community collaborations for support, events and fundraising (long-term sustainability for all organizations who serve constituents with I/DD); nurturing every day leaders; and creating a long-term sustainability plan for the ConnectWC.org website, so that it can remain and hopefully be duplicated in other communities.  
651-300-0085, [Connectwc@gmail.com](mailto:Connectwc@gmail.com)

**Courage Kenny International Art Show for Artists with Disabilities** – Golden Valley  
Spring show is open to all artists with a disability worldwide. All work must be original. Artists are limited to entering a maximum of two works and all art must be for sale. Also Courage Cards.  
<http://www.allinahealth.org/Courage-Kenny-Rehabilitation-Institute/>  
1-888-413-3323, [artsearch@allina.com](mailto:artsearch@allina.com); or [Laura.brooks@allina.com](mailto:Laura.brooks@allina.com); 763-520-0211

**Cow Tipping Press** — <http://cowtippingpress.org/> Minneapolis  
Teach inclusive writing classes for adults with developmental disabilities, giving audiences a new way to think about this rich form of human diversity.  
Bryan Boyce, Executive Director, [bboyce@cowtippingpress.org](mailto:bboyce@cowtippingpress.org), 507-521-2278

**Eagan Art House** – [www.eaganarthouse.org](http://www.eaganarthouse.org) - Eagan  
\*\* grant for tables, lighting, chairs for artists with disabilities. Community art classes.  
3981 Lexington Ave. S., Eagan 55122; 651-675-5521, [jandersen@cityofeagan.com](mailto:jandersen@cityofeagan.com)

**Fallout Arts Collective** – <http://www.falloutartsinitiative.com/> - Minneapolis  
Nurtures creativity, diversity, & community for young, emerging & less fortunate artists through creative programs, environments and initiatives. Art Center, artist co-op studios, creative services.  
Fallout Urban Art Center: 2609 Stevens Ave. S., Minneapolis 55408; 612-822-5200.  
Fallout Co-op: 2601 2nd Ave. S., Minneapolis 55408.

**Free Arts Minnesota** – [www.freeartsminnesota.org](http://www.freeartsminnesota.org) - Minneapolis  
Free Arts for Abused Children of MN; programs for youth.  
400 N. 1st Ave., # 518, Minneapolis 55401  
612-824-2787, [Erin@freeartsminnesota.org](mailto:Erin@freeartsminnesota.org) or Dan@

**Highland Friendship Club** – <http://www.highlandfriendshipclub.org/> St. Paul  
Provides social activities, skills development and community connections for teens and adults with disabilities. 651-698-4096, [danreed@highlandfriendshipclub.org](mailto:danreed@highlandfriendshipclub.org).

**Inclusion for Sacred Communities** – [www.inclusioninnovations.com](http://www.inclusioninnovations.com)  
Training on creating inclusive programs for people with disabilities in synagogues, churches, etc.  
Shelly Christiansen, founder.  
612-965-0423, [shelly@inclusioninnovations.com](mailto:shelly@inclusioninnovations.com)

**Interact Center for Visual & Performing Arts** – <http://www.interactcenter.com/> - St. Paul  
Day center for artists with disabilities who work in visual and performing arts. Gallery shows, plays.  
\*\* 1860 Minnehaha Ave. W., St. Paul 55104; 651-209-3575, [info@interactcenter.com](mailto:info@interactcenter.com)

**Juxtaposition Arts** – [www.juxtaposition.org](http://www.juxtaposition.org) - North Minneapolis  
Inclusive, especially for young artists, no special programs or focus on disability; T-shirt machine.  
\*\* 2007 Emerson Ave N., Minneapolis 55411; 612-588-1148

**Kairos Alive!** – <https://kairosalive.org/> Twin Cities  
Uses participatory dance, music and story — with elders at the center – to raise awareness of the importance of creative involvement across the lifespan for verifiable health benefits. Choreography of Car programs promote personal and community well-being through Intergenerational Dance Hall public participation events, Dancing Heart™ weekly programming, Community Arts and Wellbein Residencies, and other programs.

\*\* 4316 Upton Ave. S., Minneapolis 55410; 612-926-5454, [info@kairosalive.org](mailto:info@kairosalive.org)

**Kaposia** – <http://www.kaposia.com/> - St. Paul, Golden Valley  
Employment options for persons with disabilities

**The Learning Exchange** – Bloomington area  
Lifelong learning and community involvement opportunities for adults with disabilities – including music, theatre, visual. AR&LE: a consortium of the Adaptive Recreations & Learning Exchange departments of Bloomington, Eden Prairie, Edina and Richfield,  
<http://cs.bloomington.k12.mn.us/adults-disabilities/about-learning-exchange>, 952-681-6109

**Let's Go Fishing** – [www.letsstofishingstillwater.com](http://www.letsstofishingstillwater.com) - Lake Elmo  
C/o Kollitz & Willgren 3880 Laverne Ave. N. Lake Elmo 55042  
651-707-5181, [info@LetsGoFishingStillwater.com](mailto:info@LetsGoFishingStillwater.com)

**Merry Music Makers** – <http://www.anoka.k12.mn.us> North Metro  
Choir of adults with disabilities meets weekly (during school year) at Northtown through Project Power & Anoka-Hennepin Community Education.  
763-506-1279, [Justine.Knox@anoka.k12.mn.us](mailto:Justine.Knox@anoka.k12.mn.us)

**Midwest Arts in Healthcare Network** – <https://springboardforthearts.org/incubator-program/midwest-arts-in-healthcare-network-mahn/>

**Midwest Special Services - Creative Arts Program** –  
<http://www.mwsservices.org/program/creative-arts/>  
MSS offers opportunities to create art through various media options, creative adaptive equipment, nontraditional tools, dedicated spaces and enthusiastic encouragement from MSS art facilitators. MSS artists can participate in exhibitions and free classes at The Show Gallery Lowertown. Lauren Hughes, 651-778-1000 or [lhughes@mwsservices.org](mailto:lhughes@mwsservices.org).

**Minnesota Assn for Children's Mental Health** – <http://www.macmh.org/fidgety-fairy-tales>  
Statewide nonprofit; one program is "Fidgety Fairy Tales"  
165 Western Ave. N., #2, St. Paul 55102; 651-644-7333

**Opportunity Partners** – <http://opportunities.org/> - Minnetonka  
Offers a wide variety of services (residential, training, vocational) for adults with disabilities and employers. Minnetonka, Hopkins, Coon Rapids.  
5500 Opportunity Court, Minnetonka, MN 55343, [info@opportunities.org](mailto:info@opportunities.org); 952-938-5511

**PACER Center** – [www.pacer.org](http://www.pacer.org) – Bloomington  
Training center for parents of children & young adults with disabilities. Includes puppet & bullying programs, computer resource center, workshops.  
8161 Normandale Blvd., Bloomington 55437; 952-838-9000

**Partnership Resources** – [www.partnershipresources.org](http://www.partnershipresources.org) - St. Louis Park

"Creating partnerships between people with disabilities and the community."

St. Louis Park office: 4226 Park Glen Road, 55416; 952-925-1404;

Mpls office: 1069 10th Ave SE, 55414, 612-331-2075;

Senior Site Office: 4200 Park Glen Road, St. Louis Park 55416; 952-746-6207

**Rise and Art Speaks** program – <http://www.rise.org> -  
8406 Sunset Road NE, Spring Lake Park 55432; 763-783-2822

Spring Lake Park

**The Show Art Gallery Lowertown** – <http://www.theshowartgallery.org>  
This gallery exhibits work by artists of all backgrounds in a professional setting.  
346 N. Sibley Street, St. Paul, MN 55101; 651-419-8022, [info@theshowartgallery.org](mailto:info@theshowartgallery.org)

St. Paul

**Simply ArtAble** – <http://simplyjanestudio.com/> -

Minneapolis /Edina

\*\* art classes include adults with disabilities

Simply Jane Studio: 5411 Nicollet Ave., Minneapolis 55419; 612-354-3961

Jane Elias, [jane@simplyjanestudio.com](mailto:jane@simplyjanestudio.com) or [simplyjanestudio@gmail.com](mailto:simplyjanestudio@gmail.com) or

<https://www.facebook.com/pages/Simply-JaneArtAble/19831748624>

**Soho Arts** - <http://www.rangecenter.com/services/sohoarts.htm>

Hibbing and Chisholm

Artists with disabilities learn drawing, painting, and printmaking techniques, and participate in grant-funded art projects and art events.

218-263-9230, [sohoart@rangecenter.com](mailto:sohoart@rangecenter.com), [sohoart@callta.com](mailto:sohoart@callta.com)

**Avivo ArtWorks** – [www.artworksatspectrum.org](http://www.artworksatspectrum.org) -

Minneapolis

Art-making programs and exhibits for artists with mental illness. Avivo (formerly Spectrum)

Community Mental Health, <https://avivomn.org/services/mental-health-services/artworks/>

1900 Chicago Ave. S., Minneapolis 55404; 612-752-8282

Jes Reyes, Arts Coordinator, [jes.reyes@avivomn.org](mailto:jes.reyes@avivomn.org); Christi Furnas, Support Specialist

**Stuart Pimsler Dance & Theater** – [www.stuartpimsler.com](http://www.stuartpimsler.com) –

Minneapolis

Theatre for the Heart and Mind (Arts & Healthcare Programs)

528 Hennepin Ave. #707, Minneapolis 55403; 521-763-7738, [SPDanTh@gmail.com](mailto:SPDanTh@gmail.com)

**Arc Greater Twin Cities TYZE Program** – [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org) -

St. Paul

[info@arcgreatertwincities.org](mailto:info@arcgreatertwincities.org)

2446 University Ave. W., Suite 110, St. Paul 55114; 952-920-0855

Program Director Georgann Rumsey, [Georgannrumsey@arcgreatertwincities.org](mailto:Georgannrumsey@arcgreatertwincities.org)

**U of M Disabled Student Cultural Center** – [dsc@umn.edu](mailto:dsc@umn.edu)

Minneapolis

and offices at other colleges/universities

**Upstream Arts** – [www.upstreamarts.org](http://www.upstreamarts.org) –

Minneapolis

\*\* Mission: to enhance the lives of adults and youth with disabilities by fostering creative

communication and social independence through the power of arts education. In-school programs

3501 Chicago Ave. S., Minneapolis 55413; 612-331-4584; [info@upstreamarts.org](mailto:info@upstreamarts.org)

**Valley Friendship Club** – [www.Valleyfriendshipclub.org](http://www.Valleyfriendshipclub.org) –

Stillwater

c/o Community Thread, 2300 Orleans Street West, 651-491-6486; [info@valleyfriendshipclub.org](mailto:info@valleyfriendshipclub.org)

**Velvet Tones** –

Apple Valley

Singing group of adults with disabilities.

952-432-1081, [VelvetTones@gmail.com](mailto:VelvetTones@gmail.com), <http://www.velvettones.org>

**VSA Minnesota** – <http://www.vsamn.org>

Minneapolis, statewide

528 Hennepin Ave. #305, Minneapolis 55403 –

612-332-3888 or 800-801-3883, [info@vsamn.org](mailto:info@vsamn.org), [emerginggrant@vsamn.org](mailto:emerginggrant@vsamn.org), [access@vsamn.org](mailto:access@vsamn.org)

Its mission is to create a community where people with disabilities can learn through, participate in and access the arts. Until it ends operations in September 2019, it offers support to artists with disabilities, networking, Emerging Artist Grants (deadline Feb. 1, 2019, with Jerome Foundation funding), and Artists' Pipeline opportunities for artists, arts patrons and arts organizations. ADA Access Improvement Grants (deadlines Dec. 14, 2018, & May 1, 2019) help metro arts organizations make their facilities and programs more accessible for people with disabilities. The Accessible Arts Calendar (online and by email) lists arts events offering ASL interpreting, audio description, captioning, sensory-friendly accommodations and featuring artists with disabilities.

**Washington County DD Activity Newsletter** –

East Metro

Published quarterly, Submissions to Denise Steans: [Denise.steans@co.washington.mn.us](mailto:Denise.steans@co.washington.mn.us)

**We-R-Artists** – <http://vsamn.org/artists-disabilities/> -

St. Cloud area

Informal group of artists with disabilities meets occasionally at the Paramount Theatre.

**Young Dance** – [www.youngdance.org](http://www.youngdance.org) –

Minneapolis

\*\* All-ability dance collaborations with a number of groups; 612-423-3064

**Zenon Dance** – <http://www.zenondance.org>

Minneapolis

Has included Deaf dancers in classes. Located at the Cowles Center for Dance.

528 Hennepin Avenue, # 400, Minneapolis 55403; 612-338-1101